



# GLUTEN FRIENDLY LUNCH

## SHARE PLATES

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<b>HUMMUS PLATE</b> 11	<b>EDAMAME PLATE</b> 9	<b>KALE &amp; ARTICHOKE DIP</b> 10
House Hummus Sliced Cucumbers Olives / Peppers / Artichokes Pickled Red Onions Feta Cheese	Steamed Edamame Salt & Pepper Tamari Aioli Dip Toasted Sesame Seeds	Chopped Artichoke Hearts/Kale Monterey/Parmesan Sliced Cucumbers

## SIGNATURE SALADS

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Enhance Any Salad: Chicken 4 / Salmon 6 / Shrimp 5

<b>AVOCADO WEDGE SALAD</b> 14	<b>SPINACH &amp; STRAWBERRY</b> 13.5
Boston Bibb Wedge Hickory Smoked Bacon Bleu Cheese Crumbles Grape Tomatoes Sliced Avocado House Garlic Ranch	Spinach / Wild Arugula Peppered Goat Cheese Strawberries Candied Walnuts / Shallots Pomegranate Vinaigrette
<b>MEDITERRANEAN</b> 13.5	<b>ROASTED BEET</b> 13.5
Mixed Greens Artichokes / Kalamata Olives Pepperoncinis / Red Onions Feta / Cucumbers Italian Vinaigrette	Wild Arugula Roasted Red & Gold Beets Orange Segments Toasted Hazelnuts Shaved Parmesan Cheese Grape Tomatoes Balsamic Fig Vinaigrette
<b>CAESAR SALAD</b> 13	
Chopped Romaine Lettuce Grape Tomatoes Shaved Parmesan Hickory Smoked Bacon Capers Creamy Garlic Parmesan Dressing	

## SOUP

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<b>TOMATO SOUP</b> 4/6
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All Come With Gluten Free Bun or Lettuce Wrap.  
Choose One Side: Grilled Pineapple,  
Asian Cole Slaw, or Beet Relish.

## BURGERS & SANDWICHES

<p><b>BURGER AMERICANA*</b> 14</p> <p>House Seasoned Burger White Cheddar Hickory Smoked Bacon Tomato Jam Dijon Aioli Lettuce Wrap / Gluten Free Bun</p>	<p><b>BLEU BURGER*</b> 13</p> <p>House Seasoned Burger Bleu Cheese Crumbles Pickled Red Onions Smoked Tomatoes Bibb Lettuce Sriracha Aioli Lettuce Wrap / Gluten Free Bun</p>	<p><b>BACON &amp; CHEESE BURGER*</b> 13</p> <p>House Seasoned Burger Hickory Smoked Bacon American Cheese Lettuce / Tomato / Onion Dill Pickle Spear Lettuce Wrap / Gluten Free Bun</p>
<p><b>THAI TACOS</b> 12</p> <p>Smoked BBQ Pork Asian Cole Slaw Sriracha (Spicy) Cilantro Lettuce Wrap</p>	<p><b>CHICKEN BRUSCHETTA*</b> 13</p> <p>Grilled Chicken Breast Herb Bousin Cheese Tomato Bruschetta Mix Bibb Lettuce Lettuce Wrap / Gluten Free Bun</p>	<p><b>CHICKEN PHILLY*</b> 13</p> <p>Grilled Chicken Onions / Peppers Garlic Aioli Provolone Cheese Lettuce Wrap / Gluten Free Bun</p>
<p><b>CHEESE STEAK*</b> 14</p> <p>Seasoned Chopped Steak Mushrooms / Onions / Peppers Cheese Whiz Lettuce Wrap / Gluten Free Bun</p>	<p><b>CHICKEN AVOCADO*</b> 13.5</p> <p>Grilled Chicken Breast Black Pepper Brown Sugar Bacon Avocado Bibb Lettuce Cilantro Aioli Lettuce Wrap / Gluten Free Bun</p>	<p><b>ASIAN LETTUCE WRAPS</b> 13</p> <p>Hoisin Garlic Ginger Chicken Butter Lettuce Wraps Pickled Carrots &amp; Ginger Avocado / Mango / Cilantro Fresh Scallion Garnish Black Bean Vinaigrette</p>
<p><b>CLUB</b> 14</p> <p>Maple Cured Ham Roasted Turkey Cheddar / Provolone Hickory Smoked Bacon Spring Greens / Tomatoes Garlic Aioli Lettuce Wrap / Gluten Free Bun</p>		<p><b>BOURSIN BURGER</b> 14</p> <p>Black Peppered Burger Herb Boursin Cheese Tomato Bruschetta Sautéed Mushrooms Bibb Lettuce Lettuce Wrap / Gluten Free Bun</p>

## SIGNATURE PLATES

<p><b>SWEET POTATO* LASAGNA</b> 18</p> <p>Layered Sweet Potato Planks Zucchini / Spinach Mushrooms / Onions Traditional Red Sauce Italian Herb Ricotta / Mozzarella Shaved Parmesan Fresh Herbs - Add Chicken 5 / Shrimp 6 / Salmon 7</p>	<p><b>SPICY CREOLE PASTA</b> 21</p> <p>Sautéed Chicken Breast Smoked Andouille Sausage Gluten Free Linguine Fire Roasted Tomatoes Spicy Creole Sauce Shaved Parmesan Cheese</p>	<p><b>BACON WRAPPED MEATLOAF</b> 18</p> <p>Zesty BBQ Glaze White Cheddar Mash Garlic Sautéed Green Beans Scallion Garnish</p>
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Although we are not a gluten free kitchen, all of the ingredients in this menu are gluten free.

\*Thoroughly cooking foods of animal origin such as beef, eggs, fish, lamb, pork, poultry or shellfish reduces the risk of foodborne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked. Consult your physician or public health official for further information.